



The Old Ironsides Report

Tuesday, April 20, 2004



'Old Ironsides' hands city over to '1st Team,' prepares for future missions

BAGHDAD, Iraq – The "Old Ironsides" Division officially marked the completion of one mission and the beginning a new chapter in its history during transfer of authority ceremonies April 15.

During a brief ceremony at the "Crossed Sabers Monument" in Baghdad, Maj. Gen. Martin E. Dempsey, 1st Armored Division commanding general, handed over the responsibility for the city to Maj. Gen. Peter W. Chiarelli, the 1st Cavalry Division's commanding general.

Because Soldiers from both divisions were engaged in combat operations, there were no troop formations, however, the unit's leaders wanted to recognize their Soldiers' achievements and pay tribute to their divisions' histories.

Each division was represented by a color guard, its commander and division command sergeant major. Lt. Gen. Thomas Metz, III Corps commanding general and deputy commander for Coalition Joint Task Force 7, presided over the ceremony.



Maj. Gen. Martin E. Dempsey, 1st Armored Division Commanding general, and Command Sgt. Maj. Michael Bush, division command sergeant major, pay honors to the division colors during transfer of authority ceremonies held at the "Crossed Sabers Monument" in Baghdad April 15. The ceremony marked the 1st Cavalry Division's assumption of the operations within the city and the 1st Armored Division's transition to new assignments in Iraq. Photo by Sgt. Christopher Stanis, 1 AD PAO.

Soldiers of the 1st Armored Division are nearing their one-year point in their mission in Baghdad where they worked to stabilize security for the city of 6 million people. The Soldiers helped provide an environment where the city's infrastructure could be repaired and rebuilt. They provided guidance and resources for those repairs and they helped train and implement a new government for the people of Baghdad.

Traditionally, during a transfer of authority ceremony, the unit completing its mission cases its colors and the incoming unit unfurls theirs. However, because of its ongoing missions, the 1st Armored Division's colors remain uncased.

"It's no mistake that the (1AD) colors are not cased," Metz said during the keynote address. "For strategic, tactical and operational reasons, we still need the combat power of the 1st Armored Division."

The Old Ironsides Division is ready, Dempsey said.

"A mentor of mine, Lt. Gen. Paul Funk, once

advised me that 'talkin' ain't fightin,'" he said. "This is truer today than at any time in my career. Our mission is threatened, the coalition needs us, our country is counting on us. We will continue mission."

The 1st Cavalry Division's initial party deployed to Iraq in January. Key staff officers and NCOs met with their counterparts, and the initial party laid the foundation for follow-on groups. They began a "left-seat/right-seat" training regimen. Under this program, 1st Cavalry Division Soldiers observed 1st Armored Division people doing their jobs. They would then switch; the 1st Cavalry Soldier would do the job and his or her 1st Armored Division counterpart would critique the Soldier's performance.

"This event marks a turning point," Chiarelli said. "It marks a new division coming into the Baghdad area to take up the great work done by the 1st Armored Division. We appreciate how they set the plate for us here in Baghdad."

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NEWS...

Fallujah Leaders Seek Insurgents' Weapons

BAGHDAD, Iraq (AP) - Fallujah's civic leaders joined American officials Monday in calling for insurgents battling Marines here to surrender their heavy weapons in return for an end to the U.S. siege of the city, according to a U.S. spokesman. The commitments appeared to be the first fruits of direct negotiations between U.S. officials and a group of civic leaders and professions representing Fallujah residents. They have influence with Sunni insurgents who have been battling Marines who have besieged the city.

Bush Bemoans Spanish Troops' Iraq Pullout

WASHINGTON (AP) - President Bush scolded Spain's new prime minister Monday for his swift withdrawal of troops from Iraq and told him to avoid actions that give "false comfort to terrorists or enemies of freedom in Iraq." Bush expressed his views in a five-minute telephone call with Prime Minister Jose Luis Rodriguez Zapatero, who on Sunday ordered the 1,300 troops to return home as soon as possible.

Ridge Forms New Terrorism Task Force

WASHINGTON (AP) - With an eye on a large number of symbolic gatherings, Homeland Security Secretary Tom Ridge is forming a new government task force to better coordinate public and private security - and hopefully prevent the next terrorist attack. Beginning with the dedication of the new World War II Memorial in Washington over the Memorial Day weekend, Ridge said high-profile public events this year may be attractive targets for al-Qaida and like-minded terrorist groups.

Families Mark Oklahoma Bombing Anniversary

OKLAHOMA CITY (AP) - Children of Oklahoma City bombing victims - hailed as "portraits of our survival" - read victims' names Monday as survivors and relatives marked nine years since the devastating blast. The solemn observation at the Oklahoma City National Memorial began at 9:02 a.m., the minute the Alfred P. Murrah Federal Building was destroyed by a fuel oil and fertilizer bomb on April 19, 1995.

Thought for the day...

Lineage of Honor

During the Revolutionary War, Colonel Owen Roberts, of the American army, fell mortally wounded in the battle of Stono. His son, fighting in the same action, heard of the wound and hastened to his father's side.

The expiring soldier observing the anguish of his son, addressed him with the greatest composure, "I rejoice, my boy, once again to see and embrace you. Take this sword, which has never yet been tarnished by dishonor, and let it not be idle, while the liberty of your country requires it."

Medically speaking...

Surgery Available for a Younger Voice

By JOANN LOVIGLIO, Associated Press Writer

PHILADELPHIA (AP) -- After the tummy tuck, the forehead tightener, the nose job and the jowl trim, something still might be giving away your age: your voice. For patients who think their trembly, raspy or wispy words don't match their newly firm face and figure, there's a procedure that claims to make them sound younger too: the voice lift.

"There are people who pay \$15,000 for a face lift and as soon as they open their mouth, they sound like they're 75," said Dr. Robert Thayer Sataloff, chairman of the otolaryngology department at Graduate Hospital. "The wobbles, the tremors, they're what we recognize as things that make a voice sound old."

Though it's not new, cosmetic surgery for the voice is only just becoming more widely known - and requested - among the general public, said Dr. V. Leroy Young, a St. Louis plastic surgeon and chairman of the American Society of Plastic Surgeons' emerging trends task force.

Like everything else, vocal cords show their age. A lifetime of talking, yelling and singing can make the cords - and the voice - coarse.

So Sataloff plies his patients' pipes with exercises and, in some cases, cosmetic voice surgery. There are two general surgical remedies: Implants can be inserted through an incision in the neck to bring the vocal cords closer together, or substances like fat or collagen can be injected to plump up the cords and restore their youthful limberness.

Such procedures used to be largely performed on people with voice-robbing diseases or injuries, but Sataloff noticed that his patients' voices usually sounded better afterward, too. And increasingly, those with craggy or cracking voices are seeking the procedure for aesthetic reasons, he said.

"If I spoke a great deal, or I was shouting, on a particular day, at the end of the day I would feel exhausted," said Robert Anzidei 75, a retired construction superintendent who underwent the voice surgery and therapy several years ago. "I don't know if I sound younger, but the hoarseness is gone, which is such a great improvement."

Still, there can be drawbacks with vocal surgery when patients are under general anesthesia, Young said. Unlike patients who are awake and can speak, they can't have their voices fine-tuned as the operation is under way - so there's no certainty about what they'll sound like in the end.

"It can benefit people who may be getting toward the end of a singing career, it can benefit people like politicians and teachers who need to have a strong voice that carries," Young said. "I'd say caveat emptor for the professional singer, but if you're a teacher and you don't want to sound like Marlene Dietrich, it's something to consider."

Singer Julie Andrews was one person who found out the hard way that vocal operations don't always work. She was performing on Broadway in the mid-'90s when she began having voice trouble, so she underwent surgery to remove non-cancerous nodules.

The operation left her without her renowned four-octave singing voice and she sued two doctors and Mount Sinai hospital in New York. The lawsuit was settled out of court in 2000 with no terms disclosed.

More than 8.7 million cosmetic plastic surgery procedures were performed in 2003, according to the American Society of Plastic Surgeons. There were no statistics on how many of those were for voices, but doctors said the number would be very small.

Today in history...

April 20, 1902: Curies Isolate Radium

(HISTORYCHANNEL.COM) On April 20, 1902, Marie and Pierre Curie successfully isolate radioactive radium salts from the mineral pitchblende in their laboratory in Paris. In 1898, the Curies discovered the existence of the elements radium and polonium in their research of pitchblende. One year after isolating radium, they would share the 1903 Nobel Prize in physics with French scientist A. Henri Becquerel for their groundbreaking investigations of radioactivity.

Marie Curie was born Marie Skłodowska in Warsaw, Poland, in 1867. The daughter of a physics teacher, she was a gifted student and in 1891 went to study at the Sorbonne in Paris. With highest honors, she received a degree in physical sciences in 1893 and in mathematics in 1894. That year she met Pierre Curie, a noted French physicist and chemist who had done important work in magnetism. Marie and Pierre married in 1895, marking the beginning of a scientific partnership that would achieve world renown.

Looking for a subject for her doctoral thesis, Marie Curie began studying uranium, which was at the heart of Becquerel's discovery of radioactivity in 1896. The term radioactivity, which describes the phenomenon of radiation caused by atomic decay, was in fact coined by Marie Curie. In her husband's laboratory, she studied the mineral pitchblende, of which uranium is the primary element, and reported the probable existence of one or more other radioactive elements in the mineral. Pierre Curie joined her in her research, and in 1898 they discovered polonium, named after Marie's native Poland, and radium.

While Pierre investigated the physical properties of the new elements, Marie worked to chemically isolate radium from pitchblende. Unlike uranium and polonium, radium does not occur freely in nature, and Marie and her assistant André Debierne laboriously refined several tons of pitchblende in order to isolate one-tenth gram of pure radium chloride in 1902. On the results of this research, she was awarded her doctorate of science in June 1903 and later in the year shared the Nobel Prize in physics with her husband and Becquerel. She was the first woman to win a Nobel Prize.

Pierre Curie was appointed to the chair of physics at the Sorbonne in 1904, and Marie continued her efforts to isolate pure, non-chloride radium. On April 19, 1906, Pierre Curie was killed in an accident in the Paris streets. Although devastated, Marie Curie vowed to continue her work and in May 1906 was appointed to her husband's seat at the Sorbonne, thus becoming the university's first female professor. In 1910, with Debierne, she finally succeeded in isolating pure, metallic radium. For this achievement, she was the sole recipient of the 1911 Nobel Prize in chemistry, making her the first person to win a second Nobel Prize.

She became interested in the medical applications of radioactive substances, working on radiology during World War I and the potential of radium as a cancer therapy. Beginning in 1918, the Radium Institute at the University of Paris began to operate under Curie's direction and from its inception was a major center for chemistry and nuclear physics. In 1921, she visited the United States, and President Warren G. Harding presented her with a gram of radium.

Curie's daughter, Irène Curie, was also a physical chemist and, with her husband, Frédéric Joliot, was awarded the 1935 Nobel Prize in chemistry for the discovery of artificial radioactivity. Marie Curie died in 1934 from leukemia caused by four decades of exposure to radioactive substances.



CONTACT YOUR UNIT VOTING ASSISTANCE OFFICER
TO FIND OUT HOW TO REGISTER TO VOTE
AND RECEIVE YOUR ABSENTEE BALLOT

The following are upcoming Presidential and State Primaries:

April: Pennsylvania

May: Indiana, North Carolina, Nebraska, West Virginia, Arkansas, Kentucky, Oregon, Idaho

June: Alabama, New Mexico, S. Dakota, Iowa, Maine, Montana, New Jersey, North Dakota, S. Carolina, Virginia, Utah

July: Georgia, Oklahoma

August: Kansas, Michigan, Missouri, Tennessee, Colorado, Connecticut, Wyoming, Alaska, Florida

September: Guam, Arizona, Nevada, Delaware, Virgin Islands, District of Columbia, Massachusetts, Minnesota, New Hampshire, New York, Rhode Island, Vermont, Washington, Wisconsin, Hawaii, Louisiana

November: American Samoa, **2004 GENERAL ELECTION (NOVEMBER 2)**

****Unit VAO's can direct questions to the Division VAO, CPT Morgan, at DNV 551-0311****

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myafn.net TV SCHEDULES: TUESDAY, APRIL 20, 2004				As of: Monday, April 19, 2004 8:15:56 PM		
Start Time	SPORTS	ATLANTIC	SPECTRUM	PACIFIC	NEWS	Start Time
00:00		HEADLINE NEWS	NOVA (TVPG): - BUILDING BIG: TUNNELS	ESPNEWS: THE HOT LIST		00:00
00:30		TONIGHT SHOW WITH JAY LENO (TVPG):		HEADLINE NEWS	HEADLINE NEWS	00:30
01:00	AROUND THE HORN		DEVIL'S ARITHMETIC	TODAY	LESTER HOLT LIVE	01:00
01:30	PARDON THE INTERRUPTION	THE LATE SHOW WITH DAVID LETTERMAN (TVPG):				01:30
02:00	SPORTSCENTER				HEADLINE NEWS	02:00
02:30		ACCESS HOLLYWOOD			NBC NIGHTLY NEWS	02:30
03:00		4 QTRS	THE WILD THORNBERRYS (TVY): - FLIGHT OF THE DONNIE	SESAME STREET	ABC WORLD NEWS TONIGHT	03:00
03:30	4 QTRS	BOSTON MARATHON	THE FAIRLY ODDPARENTS		CBS EVENING NEWS	03:30
04:00	NBA - PLAYOFFS - 1ST ROUND GM 2: MEMPHIS GRIZZLIES @ SAN ANTONIO SPURS		THE SIMPSONS (TVPG): - BROTHER CAN YOU SPARE TWO DIMES?	DRAGON TALES (TVY): - PUZZLEWOOD/ LET'S DANCE	COUNTDOWN WITH KEITH OLBERMANN	04:00
04:30			THE COSBY SHOW (TVG): - HILLMAN	WHEEL OF FORTUNE (TVG):		04:30
05:00			MONK (TVPG): - MR. MONK GOES TO MEXICO	THE DR. PHIL SHOW (TVPG):	HANNITY & COLMES	05:00
06:00		BASEBALL TONIGHT	THE PRACTICE (TV14): - EAT AND RUN	THE OPRAH WINFREY SHOW (TVPG):	THE NEWSHOUR	06:00
06:30	NBA - PLAYOFFS - 1ST ROUND GM 2: HOUSTON ROCKETS @ LOS ANGELES LAKERS					06:30
07:00		HEADLINE NEWS	INSIDE THE ACTOR'S STUDIO (TVPG): - DREW BARRYMORE	NBC NIGHTLY NEWS	BET NIGHTLY NEWS	07:00
07:30		ESPNEWS		JUDGE JUDY (TVPG):	NIGHTLY BUSINESS REPORT	07:30
08:00		HEADLINE NEWS	STAR TREK: THE MOTION PICTURE	ACCESS HOLLYWOOD	LARRY KING LIVE	08:00
08:25				GUIDING LIGHT (TV14):		08:25
08:30		HEADLINE NEWS				08:30
09:00	INSIDE THE NBA	SESAME STREET			NEWSNIGHT WITH AARON BROWN	09:00
09:13				GENERAL HOSPITAL (TV14):		09:13
10:00	SPORTSCENTER	DRAGON TALES (TVY): - PUZZLEWOOD/ LET'S DANCE		ARTHUR (TVY): - MY MUSIC RULES/ THAT'S A BABY SHOW	PAULA ZAHN NOW	10:00
10:30		WHEEL OF FORTUNE (TVG):	EBERT & ROEPER AT THE MOVIES (TVPG):	DISNEY'S DOUG (TVY): - DOUG & THE BLUFFINGTON 5		10:30
11:00	NASCAR CRAFTSMAN TRUCK SERIES - KROGER 250	THE DR. PHIL SHOW (TVPG):	THE WILD THORNBERRYS (TVY): - FLIGHT OF THE DONNIE	LIZZIE MCGUIRE (TVG): - I'VE GOT RHYTHMIC	NIGHTLINE	11:00
11:30			THE FAIRLY ODDPARENTS	THE AMANDA SHOW	NAVY/MARINE CORPS NEWS	11:30
11:46		THE OPRAH WINFREY SHOW (TVPG):				11:46
12:00			THE SIMPSONS (TVPG): - BROTHER CAN YOU SPARE TWO DIMES?	JEOPARDY! (TVG):	HARDBALL WITH CHRIS MATTHEWS	12:00
12:30			THE COSBY SHOW (TVG): - HILLMAN	HEADLINE NEWS		12:30
12:35		GUIDING LIGHT (TV14):				12:35
12:52				PACIFIC REPORT		12:52
13:00			MONK (TVPG): - MR. MONK GOES TO MEXICO	ESPNEWS	CNN DAYBREAK	13:00
13:17		GENERAL HOSPITAL (TV14):				13:17
13:30	BUDWEISER BOXING SERIES - TEMECULA, CA			HEADLINE NEWS		13:30
13:52				PACIFIC REPORT		13:52
14:00		HEADLINE NEWS	THE PRACTICE (TV14): - EAT AND RUN	7TH HEAVEN (TVPG): - AN EARLY FALL (PT. 2)	THE O'REILLY FACTOR	14:00
14:30		JUDGE JUDY (TVPG):				14:30
15:00	NHL - PLAYOFFS - 1ST ROUND	TODAY	INSIDE THE ACTOR'S STUDIO (TVPG): - DREW BARRYMORE	MASTER AND COMMANDER: THE FAR SIDE OF THE WORLD	GOOD MORNING AMERICA	15:00
16:00			STAR TREK: THE MOTION PICTURE			16:00
17:00	SPORTSCENTER	ARTHUR (TVY): - MY MUSIC RULES/ THAT'S A BABY SHOW			HEADLINE NEWS	17:00
17:30		DISNEY'S DOUG (TVY): - DOUG & THE BLUFFINGTON 5			CHANNEL ONE	17:30
17:45					ABC WORLD NEWS THIS MORNING	17:45
17:52				PACIFIC REPORT		17:52
18:00	MOTORCYCLE RACING - THQ WORLD SUPERCROSS GP (250CC) IRVING, TX	LIZZIE MCGUIRE (TVG): - I'VE GOT RHYTHMIC		TONIGHT SHOW WITH JAY LENO (TVPG):	THE EARLY SHOW	18:00
18:30		THE AMANDA SHOW	EBERT & ROEPER AT THE MOVIES (TVPG):			18:30
19:00	SPORTSCENTER	JEOPARDY! (TVG):	THE WILD THORNBERRYS (TVY): - FLIGHT OF THE DONNIE	THE LATE SHOW WITH DAVID LETTERMAN (TVPG):		19:00
19:30		HEADLINE NEWS	THE FAIRLY ODDPARENTS			19:30
20:00	NHL - PLAYOFFS - 1ST ROUND GM 7 (IF)	ESPNEWS	THE SIMPSONS (TVPG): - BROTHER CAN YOU SPARE TWO DIMES?	NATIONAL LAMPOON'S VACATION	FOX NEWS LIVE	20:00
20:30		HEADLINE NEWS	THE COSBY SHOW (TVG): - HILLMAN			20:30
21:00		7TH HEAVEN (TVPG): - AN EARLY FALL (PT. 2)	MONK (TVPG): - MR. MONK GOES TO MEXICO		FOX NEWS LIVE	21:00
21:45				NATIONAL LAMPOON'S EUROPEAN VACATION		21:45
22:00		MASTER AND COMMANDER: THE FAR SIDE OF THE WORLD	THE PRACTICE (TV14): - EAT AND RUN		FOX NEWS LIVE	22:00
22:30	ESPNEWS					22:30
23:00	SPORTS SPECIAL - SPORTSCENTER NFL DRAFT SPECIAL		INSIDE THE ACTOR'S STUDIO (TVPG): - DREW BARRYMORE		HEADLINE NEWS	23:00
23:30				CINEMA SECRETS (TVG): - WIRED!	INSIDE POLITICS	23:30